

DHARMAMURTHI RAO BAHADUR
CALAVALA CUNNAN CHETTY'S
HINDU COLLEGE

(Shift - 2)

Dharmamurthi Nagar, Pattabiram, Chennai – 600 072.

HRD-eSamikSha for Online upload Report

Category	Name of the Event / Activity	Venue	Start Date	End Date	Description
WORKSHOP					
ACTIVITY	Webinar on Improve Health Through Meditation	Online	20-06-2020	20-06-2020	The Webinar has created awareness and importance of Meditation
COMPETITION					
AWARENESS					
EVENT					
OTHER					

1. ACTION REPORT

Name of the Event / Activity	Webinar on Improve Health Through Meditation
Activities Start Date	20-06-2020
No. of Resource persons	-
Report Description	The Webinar has created awareness and importance of Meditation
Activities End Date	20-06-2020
No. of Participants	249
Report Name	Webinar on Improve Health Through Meditation - Report

REPORT OF THE EVENT IN 50 WORDS

The Dharmamurthi Rao Bahadur Calavala Cunnan Chetty's Hindu College (Shift -2) conducted "Webinar on Improve Health Through Meditation" on the eve of the International Yoga Day. The Webinar has created awareness and importance of Meditation in the COVID-19. Totally 249 Faculty members, Research scholars and students from various colleges and Universities across 6 states in India participated. We have issued e-certificate for all the participants.